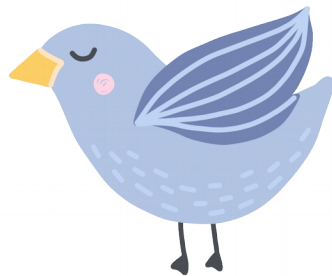




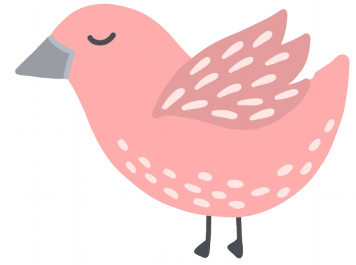
# Daily Reflection Journal

By Danielle Papageorgiou



# Hello!

As is often the case, you are holding something I created for myself first. When I need something, I figure I can't be the only one! So I enjoy creating and sharing what works for me.



This Daily Reflection Journal is the result of wanting to journal, but not feeling as though I had the time. On a recent doctor's visit, I asked about my horrible memory. My husband will recall some cute thing one of the kids did when they were little, for example, and I'll just stand there with a glazed look on my face, wondering what he's talking about!

So my doctor actually suggested that I take some down time at the end of each day to read and just reflect on the day and process its events. Every one of my family members agreed that I tend to just always GO! Then I hit the bed at night without any reflection time. I do love to work in the evenings (which I happen to be doing this moment), but God wants us to take time to rest, as well.

So here I am. Working on this Daily Reflection Journal so that when I'm done tonight, I can actually take time to process the day's events! I hope it works. And I hope you find it beneficial, as well!

I would like to give you a quick run down of the journal to familiarize you with it. At the top of each page, you will find a blank for **today's date** and **today's verse**. Each day includes the following questions/prompts:

- **Reflections on today's verse** - I have created 31 journal pages with 31 different verses so you can print these for each day of the month and rotate through each month. The verses will apply to you and speak to you in a new way with each new month.
- **Today's E.G.G.s (Evidences of God's Grace)** – I am borrowing this phrase from Norm Wakefield. I love this idea of looking for the evidences of God's grace in each day! (“EGG hunting”!)

- **Today's biggest successes were** – Pretty self-explanatory. It's good to be encouraged by the successes!
- **I will improve on today's biggest failures by** – It's good to reflect on what we did wrong in the day, but to focus on ways we can improve.
- **Things I need to discuss with my husband** – Right before bed may not be the best time to discuss your concerns or even triumphs, but if you write them down, you will have a record for later when you do have time. My husband and I have at times taken “dates” to discuss important issues and problems we see in our children's lives.
- **Funny things the kids did or said** – Aren't they always doing something funny? Now I won't forget!

Feel free to e-mail me at [info@LifeschoolingConference.com](mailto:info@LifeschoolingConference.com) to let me know how this Daily Reflection Journal works for you.

And if you are not already a part of our lifeschooling community, connect with me online!

Instagram: [www.instagram.com/lifeschooling\\_family/](http://www.instagram.com/lifeschooling_family/)

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Blessings!



*Danielle*

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Date: \_\_\_\_\_

### Today's Verse

“And let us not grow weary of doing good, for in due season we will reap, if we do not give up” Galatians 6:9.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- I will improve on today's biggest failures by:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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“I gave up all for Christ, and what have I found? Everything in Christ.” –John Calvin

Date: \_\_\_\_\_

### Today's Verse

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness" Lamentations 3:22-23.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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“God will only give you what you would have asked for if you knew everything he knows” —Timothy J. Keller

Date: \_\_\_\_\_

### Today's Verse

"A soft answer turns away wrath, but a harsh word stirs up anger" Proverbs 15:1.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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"Resolution One: I will live for God. Resolution Two: If no one else does, I still will."  
—Jonathan Edwards





Date: \_\_\_\_\_

### Today's Verse

"Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience" Colossians 3:12.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"Let the consequences of your obedience be left up to God." —Oswald Chambers

Date: \_\_\_\_\_

### Today's Verse

"Whatever you do, work heartily, as for the Lord and not for men" Colossians 3:23.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"God never made a promise that was too good to be true." —Dwight L. Moody



Date: \_\_\_\_\_

### Today's Verse

"And let us not grow weary of doing good, for in due season we will reap, if we do not give up" Galatians 6:9.

- Reflections on today's verse:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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“God never said that the journey would be easy, but He did say that the arrival would be worthwhile.” –Max Lucado

Date: \_\_\_\_\_

### Today's Verse

“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them” Ephesians 2:10.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Funny things the kids did or said:

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“I've read the last page of the Bible. It's all going to turn out all right.” –Billy Graham

Date: \_\_\_\_\_

### Today's Verse

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace" 1 Peter 4:10.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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"God loves each of us as if there were only one of us." –Augustine





Date: \_\_\_\_\_

### Today's Verse

"Love one another with brotherly affection. Outdo one another in showing honor" Romans 12:10.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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"God's work done in God's way will never lack God's supplies." –Hudson Taylor



Date: \_\_\_\_\_

### Today's Verse

"From the rising of the sun to its setting, the name of the Lord is to be praised" Psalms 113:3.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Funny things the kids did or said:

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“We are all faced with a series of great opportunities brilliantly disguised as impossible situations.” –Chuck Swindoll

Date: \_\_\_\_\_

### Today's Verse

"Oh give thanks to the Lord, for he is good, for his steadfast love endures forever" Psalms 107:1.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"You are the only Bible some unbelievers will ever read." –John MacArthur



Date: \_\_\_\_\_

### Today's Verse

"In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety"  
Psalms 4:8.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Funny things the kids did or said:

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"When we lose one blessing, another is often most unexpectedly given in its place."



-C.S. Lewis

Date: \_\_\_\_\_

### Today's Verse

"Come to me, all who labor and are heavy laden, and I will give you rest" Matthew 11:28.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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"Our greatest fear should not be of failure but of succeeding at things in life that don't really matter." –Francis Chan



Date: \_\_\_\_\_

### Today's Verse

"Casting all your anxieties on him, because he cares for you" 1 Peter 5:7.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Funny things the kids did or said:

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"Pray, and let God worry." –Martin Luther



Date: \_\_\_\_\_

### Today's Verse

"If you lie down, you will not be afraid; when you lie down, your sleep will be sweet"  
Proverbs 3:24.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- I will improve on today's biggest failures by:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"We are secure, not because we hold tightly to Jesus, but because he holds tightly to us." –R.C. Sproul

Date: \_\_\_\_\_

### Today's Verse

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness" Lamentations 3:22-23.

- Reflections on today's verse:

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- Funny things the kids did or said:

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“Happiness does not depend on outward circumstances, but on the state of the heart.”  
–J.C. Ryle

Date: \_\_\_\_\_

### Today's Verse

"Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom" 2 Corinthians 3:17.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"God will meet you where you are in order to take you where He wants you to go."

-Tony Evans

Date: \_\_\_\_\_

### Today's Verse

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid" John 14:27.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"Let God's promises shine on your problems." -Corrie ten Boom

Date: \_\_\_\_\_

### Today's Verse

"It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep" Psalm 127:2.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Funny things the kids did or said:

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"He is no fool who gives what he cannot keep, to gain what he cannot lose." -Jim Elliot



Date: \_\_\_\_\_

### Today's Verse

"Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved" Psalm 55:22.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Funny things the kids did or said:

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“Always, everywhere God is present, and always He seeks to discover Himself to each one” -A.W.Tozer



Date: \_\_\_\_\_

### Today's Verse

"Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth" Psalm 46:10.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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"If you believe in a God who controls the big things, you have to believe in a God who controls the little things." -Elisabeth Elliot

Date: \_\_\_\_\_

### Today's Verse

"But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you" Matthew 6:6.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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“God does not give us everything we want, but He does fulfill His promises, leading us along the best and straightest paths to Himself.” -Dietrich Bonhoeffer

Date: \_\_\_\_\_

### Today's Verse

"You keep him in perfect peace whose mind is stayed on you, because he trusts in you"  
Isaiah 26:3.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"There is no one who is insignificant in the purpose of God." -Alistair Begg



Date: \_\_\_\_\_

### Today's Verse

"And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful" Colossians 3:15.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"Relying on God has to start all over everyday, as if nothing has yet been done."

-C. S. Lewis



Date: \_\_\_\_\_

### Today's Verse

"I lay down and slept; I woke again, for the LORD sustained me" Psalm 3:5.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"Your potential is the sum of all the possibilities God has for your life." -Charles Stanley



Date: \_\_\_\_\_

### Today's Verse

"He who dwells in the shelter of the Most High will abide in the shadow of the Almighty"  
Psalm 91:1.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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"The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart." -Helen Keller

Date: \_\_\_\_\_

### Today's Verse

“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you” 1 Thessalonians 5:16-18.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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“God is most glorified in us when we are most satisfied in Him” -John Piper

Date: \_\_\_\_\_

### Today's Verse

"This is the day that the Lord has made; let us rejoice and be glad in it" Psalm 118:24.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Funny things the kids did or said:

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“Our pride insists we must work our way to God. Only the Christian faith presents God’s grace as unconditional.” -Randy Alcorn

Date: \_\_\_\_\_

### Today's Verse

“For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong” 2 Corinthians 12:10.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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When we in faith embrace Christ as our Lord and Savior, our minds are transformed.”



-John MacArthur Jr.

Date: \_\_\_\_\_

### Today's Verse

"For the Lord takes pleasure in his people; he adorns the humble with salvation.  
Psalm 149:4.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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- Today's biggest successes were:

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- Things I need to discuss with my husband:

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- Funny things the kids did or said:

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God delights in answering the prayer of faith." -K. P. Yohannan



Date: \_\_\_\_\_

### Today's Verse

"But godliness with contentment is great gain" 1 Timothy 6:6.

- Reflections on today's verse:

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- Today's E.G.G.s (Evidences of God's Grace):

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"There is no question that faith is a key element in effective prayer. On one occasion, Jesus could not do many miracles in a certain place because of the unbelief of the people there." -Greg Laurie